

TALK ABOUT DRUGS

**TALKING TO TEENS
ABOUT FENTANYL**

For more information, you may visit www.FinaleFoundation.com
or contact us at FinaleFoundation@gmail.com



MAKE IT A CONVERSATION

Telling teens not to do drugs is NOT the way to go here. The teens that are the most at risk may just tune this warning out if they feel like they're being judged for their drug use. Focus the conversation on scientific facts and life-saving tips. Listen instead of sharing your own opinion.

EXPLAIN THE REALITY

In just two years, fentanyl overdose deaths tripled among teens and 5 times more for Black Teens, according to data from the Centers for Disease Control and Prevention. Impress upon teens that fentanyl isn't a distant danger—it's hurting our community currently and they are very much at risk. The idea that "only people who get drugs from random people overdose" is completely false.

BE CLEAR ABOUT THE RISK

Fentanyl is tasteless, odorless, and too small to see. In fact, an amount about the size of two grains of salt can cause an overdose. Dispel the myth of a "safe" source: Substances are laced with fentanyl long before they reach the friends, dealers, and friends-of-friends teens trust to supply them. Fentanyl can be anywhere, as distribution in pills and powders is totally random. While one pill might not be deadly, another one could be.

HELP THEM FIND NALOXONE

Naloxone can reverse an opioid overdose. The teens around you may already know what naloxone is, but they may not carry it yet. Let teens know that naloxone is legal for ALL ages without a ID. They can get free naloxone, privately with either of these methods:

Option One:

Confidentially ordering online to have naloxone mailed to any address. Naloxone will come in plain packaging for privacy.

Option Two:

Go to <https://nextdistro.org/naloxone#state-finder> to find more options for low cost or free Narcan in your state

STRESS THE IMPORTANCE OF LOOKING OUT FOR ONE ANOTHER

When someone's overdosing, they can't give themselves naloxone. By carrying naloxone at all times, letting others know they have it, and accompanying friends as they use, teens can decrease the chances of a friend suffering a fatal overdose.

ENCOURAGE TEENS TO LEARN UP

NARCAN[®] (naloxone HCl) **NASAL SPRAY**

QUICK START GUIDE Opioid Overdose Response Instructions

Use NARCAN Nasal Spray (naloxone hydrochloride) for known or suspected opioid overdose in adults and children.

Important: For use in the nose only.

Do not remove or test the NARCAN Nasal Spray until ready to use.

1 Identify Opioid Overdose and Check for Response

Ask person if he or she is okay and shout name.

Shake shoulders and firmly rub the middle of their chest.

Check for signs of opioid overdose:

- Will not wake up or respond to your voice or touch
- Breathing is very slow, irregular, or has stopped
- Center part of their eye is very small, sometimes called "pinpoint pupils"

Lay the person on their back to receive a dose of NARCAN Nasal Spray.



2 Give NARCAN Nasal Spray

Remove NARCAN Nasal Spray from the box.

Peel back the tab with the circle to open the NARCAN Nasal Spray.



Hold the NARCAN nasal spray with your thumb on the bottom of the plunger and your first and middle fingers on either side of the nozzle.



Gently insert the tip of the nozzle into either nostril.

- Tilt the person's head back and provide support under the neck with your hand. Gently insert the tip of the nozzle into **one nostril**, until your fingers on either side of the nozzle are against the bottom of the person's nose.



Press the plunger firmly to give the dose of NARCAN Nasal Spray.

- Remove the NARCAN Nasal Spray from the nostril after giving the dose.



3 Call for emergency medical help, Evaluate, and Support

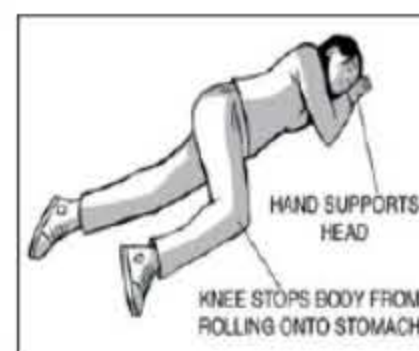
Get emergency medical help right away.

Move the person on their side (recovery position) after giving NARCAN Nasal Spray.

Watch the person closely.

If the person does not respond by waking up, to voice or touch, or breathing normally another dose may be given. NARCAN Nasal Spray may be dosed every 2 to 3 minutes, if available.

Repeat Step 2 using a new NARCAN Nasal Spray to give another dose in the other nostril. If additional NARCAN Nasal Sprays are available, repeat step 2 every 2 to 3 minutes until the person responds or emergency medical help is received.



ADAPT
PHARMA

For more information about NARCAN Nasal Spray, go to www.narcannasalspray.com, or call 1-844-4NARCAN (1-844-462-7226).

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KEEP THE DOOR OPEN

Let teens know that you are available if they have questions. Encourage them to visit FinaleFoundation.com to learn more about opioid overdose, fentanyl, and naloxone.